



WAYS & MEANS

METHODIST REHABILITATION CENTER

*50th
Anniversary
Edition*

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METHODIST REHABILITATION CENTER

is the only not-for-profit and largest hospital in Mississippi focused exclusively on comprehensive physical and cognitive rehabilitation. The hospital and extensive network of outpatient services provide specialized care for patients with spinal cord and brain injuries, stroke, amputation and many other neurological and orthopedic conditions. Methodist Rehabilitation is the only hospital in Mississippi twice named one of America’s best by *U.S. News & World Report*.

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LETTER FROM THE CEO



Celebrating Every Step

"AS WE HONOR THE PAST 50 YEARS, WE ALSO LOOK AHEAD WITH HOPE AND OPTIMISM. THE FUTURE OF MRC IS FILLED WITH PROMISE, AND WE LOOK FORWARD TO TAKING EVERY STEP OF IT WITH YOU."



OF PROGRESS, PASSION, AND SERVICE

DEAR FRIENDS,

Fifty years ago, a vision rooted in faith, compassion, and determination became reality with the founding of Methodist Rehabilitation Center. That vision, first born at a prayer breakfast in 1955, took shape through the collective efforts of the Mississippi Methodist Conference, the University of Mississippi Medical Center, and the Department of Vocational Rehabilitation. A permanent board of trustees was named in 1968, and just two years later, on December 8, 1970, a groundbreaking ceremony marked the beginning of something truly extraordinary.

During that ceremony, Bishop Mack Stokes shared words that continue to inspire us today:

"Faith, hope and love are not merely religious terms. These are medicines also for the body. The body that is sustaining a soul dominated by faith, hope and love is also a body that receives blessing and benefits from the spiritual dimension."

Those foundational values have guided us through five decades of service. What began as a three-floor inpatient hospital has grown into a comprehensive system of rehabilitative care—an inpatient facility spanning seven floors, multiple outpatient services, a thriving research foundation, and specialized programs in orthotics and prosthetics, pain management, physical medicine, and more.

Since its inception in 1989, the Wilson Research Foundation has played an essential role in our growth, shaping how we care for our patients and how we define our future. As Dr. Dobrivoje (Boba) Stokic put it, "Research has become a bridge

between innovation and care, and it will keep us moving forward, together with the people who inspire this work every day."

Each expansion, every innovation, and all progress made have been possible because of you—our dedicated employees, board members, patients, families, volunteers, donors, and community partners. Your passion and perseverance have shaped who we are and where we are going.

Join us in **Celebrating Every Step**. We celebrate each step taken in faith, each life changed through the care at MRC, and each milestone reached through our collective effort.

As our chaplain Rev. Maxine Bolden reminds us, "As we live into the next 50 years of MRC, we long to meet people where they are, praying them forward to where God wants them to be. We still believe God is a healer. We still believe people need to live into their purpose. We still believe this is the best place to do what we do in response to the love of God. Now and for the next 50 years, we still believe!"

Thank you for being part of our story. As we honor the past 50 years, we also look ahead with hope and optimism. The future of MRC is filled with promise, and we look forward to taking every step of it with you.

With heartfelt gratitude,

David McMillin
Chief Executive Officer
Methodist Rehabilitation Center

CHRISTOPHER WILLIAMS



Now I Can
SING A
NEW SONG



“IF YOU LET ME MAKE IT THROUGH THIS, MY PRAISE AND WORSHIP WILL BE DIFFERENT.”

For Christopher Williams, music has always been a part of his life. Raised in a home where the radio played every Saturday morning, he grew up singing in church, never knowing just how much his voice would mean to others.

But in 2017, his life changed forever. A severe infection led to the amputation of his right leg. Then, in 2023, he faced the unthinkable again, losing his left leg to the same infection.

“I was devastated,” he said. “It was hard to wrap my mind around it. Both times, the doctors told me if I hadn’t come in when I did, I wouldn’t be here.”

Despite the hardships, including the loss of his father just six months after his second amputation, he found a new perspective.

“I had a conversation with God,” he said. “I told Him, ‘If you let me make it through this, my praise and worship will be different.’”

With the help of inpatient and outpatient therapy from MRC and prosthetic care from MRC’s Orthotics and Prosthetics division, Williams found his rhythm again, both in life and in song.

NEWS BRIEFS

Celebrating Every Accomplishment



ADA Celebrates 35 Years

This year marks the 35th anniversary of the Americans with Disabilities Act (ADA)—a landmark piece of civil rights legislation that has transformed lives by breaking down barriers to accessibility and inclusion. At Methodist Rehabilitation Center, we proudly join the celebration and reaffirm our commitment to the

ADA's mission. Every day, we witness the impact of equal access and opportunity as we empower individuals to regain independence and thrive. As champions of rehabilitation and innovation, we honor the progress made and continue working toward a future where everyone, regardless of ability, can fully participate in all aspects of life.

NEWS BRIEFS

CARF Accreditation

Methodist Rehabilitation Center was awarded a three-year accreditation by CARF International, the leading accreditor of health and human services. The accreditation is effective through May 31, 2028, and signifies that MRC's services, staff, and processes have demonstrated a consistent pattern of conformance to internationally recognized standards of care.

Following a rigorous site survey, CARF awarded accreditation for the following inpatient hospital programs:

- Inpatient Rehabilitation Programs—Hospital (Adults)
- Inpatient Rehabilitation Programs—Hospital (Children and Adolescents)

- Inpatient Rehabilitation Programs—Hospital: Amputation Specialty Program (Adults)
- Inpatient Rehabilitation Programs—Hospital: Stroke Specialty Program (Adults)

CARF's accreditation process is known for its rigor, examining everything from treatment outcomes and safety protocols to administrative practices and patient satisfaction. Achieving a three-year term, the maximum awarded by CARF in an Inpatient Rehabilitation Setting, signals that MRC meets or exceeds expectations for high-quality care delivery.

As Methodist Rehabilitation Center celebrates its 50th year of service, this latest recognition reaffirms its unwavering mission: to restore ability, rebuild lives, and redefine what's possible.



MRC's Orthotics and Prosthetics Division Expands

Methodist O&P has expanded its reach with the recent relocation of its Meridian clinic to 4910 29th Avenue. The new location opened on December 17, 2024, providing a more accessible and updated space for patient care in the Meridian area.



MRC team members and Meridian locals gather for Meridian Orthotics & Prosthetics ribbon cutting

In addition, a new clinic in Brookhaven officially opened its doors on June 13, 2025, further increasing access to high-quality orthotic, prosthetic, and pediatric services.

With these additions, MRC now operates 10 Orthotics and Prosthetics clinics. Each location is committed to delivering an exceptional standard of rehabilitative care, helping patients regain mobility, independence, and quality of life.



(L to R) David McMillin, Chris Wallace, Briscoe James, & Sam Loden

Pain Management Clinic Reopens with Three Seasoned Providers

Methodist Rehabilitation Center has reopened its Pain Management clinic, welcoming three experienced providers: **Ryan McGaughey, M.D.**, **Jeremy Smitherman, M.D.**, and **LeLouise Davis, FNP-BC**.

Together, they bring decades of experience specializing in spine care and treating acute and chronic pain through minimally invasive treatments to help reduce pain, improve function, and lessen dependence on medication.

Meet the Providers:

DR. RYAN MCGAUGHEY, M.D.

Board-certified in both Anesthesiology and Pain Medicine, Dr. McGaughey earned his medical degree from the University of Tennessee College of Medicine. He completed his Anesthesiology residency and Pain Medicine fellowship at the University of Mississippi Medical Center (UMMC). His expertise includes advanced interventional procedures, with a focus on individualized treatment plans for complex pain conditions.



DR. JEREMY SMITHERMAN, M.D.

Board-certified in Anesthesiology and Pain Medicine, Dr. Smitherman has years of experience treating chronic pain. He earned his medical degree from UMMC, where he also completed his residency and fellowship. His approach combines technical precision with patient-centered care.



LELOUISE DAVIS, FNP-BC

A board-certified family nurse practitioner, Davis has several years of experience in pain management. She is skilled in developing non-surgical, personalized care plans and works collaboratively with physicians to deliver compassionate, effective treatment for a wide range of pain conditions.



New Faces

MRC Welcomes New Members to the Board of Trustees

Rev. Dr. Stephen Cook, a native of Carrollton, Miss., serves as the Senior Pastor at Anderson United Methodist Church in Jackson. He earned a Bachelor's degree in history from Mississippi State University and later obtained both his Master of Divinity and Doctor of Ministry degrees from Memphis Theological Seminary in Memphis, Tenn.

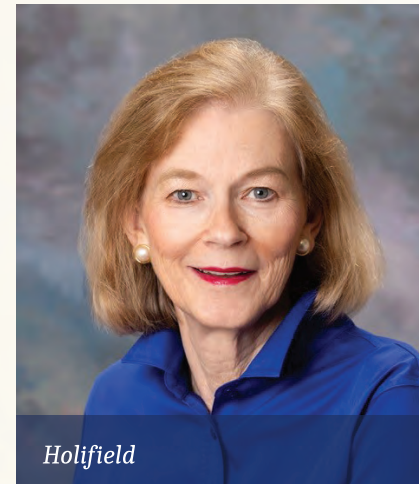
Ann Holifield, a Jackson, Miss., native, is the daughter of MRC co-founder and former Chairman of the Board of Trustees, Earl R. Wilson. Holifield previously served on the MRC board, and MRC is delighted to welcome her back to continue her family's

legacy. She earned her Bachelor of Arts in Education from the University of Mississippi and her Master of Education from Mississippi University for Women. She then obtained her

Juris Doctor from Birmingham School of Law and is a member of the Alabama Bar Association. She has a long-standing personal history of giving back to the community.



Cook



Holifield

MRC Welcomes New Directors

Laura Hunt joined Methodist Rehabilitation Center as the new Director of Marketing in June of this year. With more than a decade of marketing experience and a strong background in brand strategy, client engagement, and campaign development, Hunt brings valuable expertise to strengthen MRC's visibility, deepen community connections, and support the hospital's mission through innovative and impactful marketing efforts.

Joseph Wade Sr. has been appointed Director of Safety and Security at MRC. With more than three decades in



Hunt



Wade

law enforcement, he brings proven leadership, expertise, and a strong commitment to community-focused public safety. Wade has dedicated his career to protecting and serving his community, earning

respect across the state for his integrity, professionalism, and ability to lead with compassion. Wade oversees emergency preparedness, facility security, and partnerships with local agencies in his new role.

U.S. News & World Report Names Specialty Care Center One of the Best Nursing Homes for 2025

Methodist Specialty Care Center in Flowood has been named one of the Best Nursing Homes for 2025 by *U.S. News & World Report*. This prestigious honor is awarded to only 19% of nursing homes nationwide.

MRC is one of just six facilities in Mississippi to earn a High Performing Rating for Long-Term Care—and the only facility in the metro Jackson area to achieve this distinction. *U.S. News* assessed nearly 15,000 nursing homes nationwide and evaluated each facility's performance based on comprehensive quality measures provided by the Centers for Medicare & Medicaid Services (CMS). The methodology focuses on critical aspects of care, including resident safety, outcomes, infection rates, staffing levels, health inspection performance, and other key indicators of care excellence. Both short-term and long-term care ratings assess such factors as nurse staffing levels, appropriate use of antipsychotic medications, and the facility's success in minimizing ER visits and hospitalizations. For long-term care, the ratings also consider weekend staffing consistency and changes in facility ownership.



(L to R) Joyce Dempsey, MSCC Director of Nursing, and Christy Byrd, MSCC Administrator

Volunteer with MRC

The Volunteer Services Program at Methodist Rehab is a valued part of our organization, operating at MRC's main campus in Jackson. This program offers individuals a meaningful opportunity to contribute their time and talents to enhance the patient experience.

MRC is always looking for compassionate individuals to volunteer. For those who may be interested, contact Bobby Cumberland at bcumberland@mmrc rehab.org or call 601-364-3474.

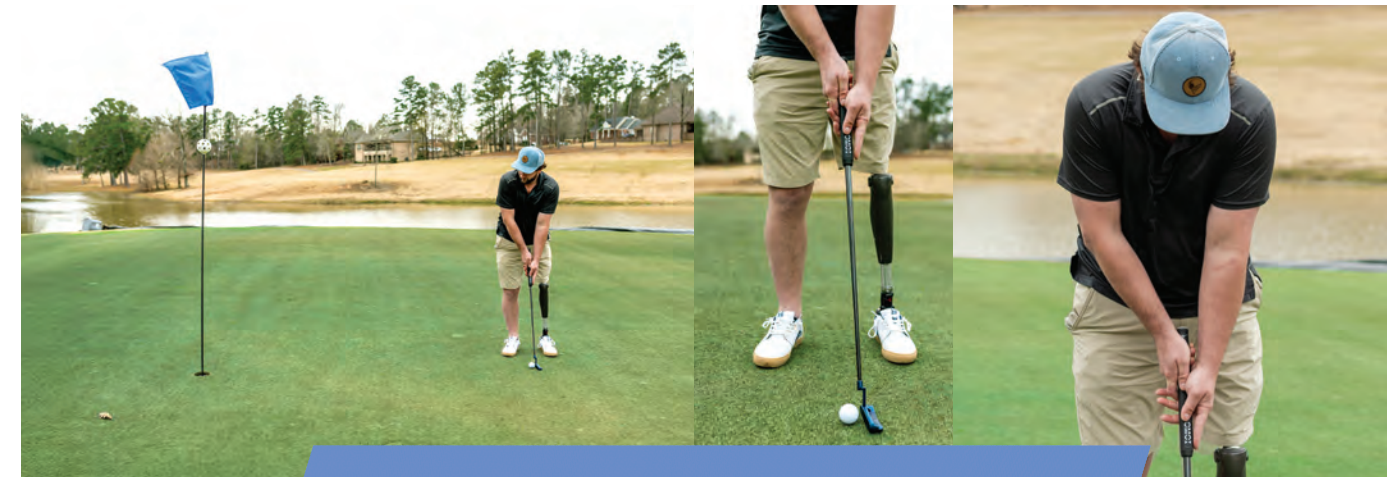


“Volunteers are the heart of Methodist Rehab. Their time, compassion, and kindness bring hope and comfort to our patients and families every day.”

—Bobby Cumberland, Volunteer Coordinator

JOSH BROWN

Now I Can GET BACK ON COURSE



"I'M NOT LETTING THIS STOP ME."

Josh Brown was riding down a quiet road on a four-wheeler, the thrill of the ride pushing him forward.

Then everything changed.

"I don't remember the wreck itself," he said. "But I do remember the moment after – labored breathing, my buddy freaking out, and me slipping in and out of consciousness."

Brown had been thrown into a guardrail at nearly 60 mph. When he looked down and saw blood, reality set in.

"That's when it hit me that I messed something up," he said.

Doctors confirmed what he hadn't considered. His leg had to be amputated.

In the days ahead, uncertainty loomed. Then MRC's Orthotics and Prosthetics division stepped in and "took the guess work out of everything."

"I thought I'd have to set everything up myself, but they took care of it," he said.

Now, with the right prosthesis and support, Brown is getting back to the things he loves, especially playing golf.

"I'm still figuring things out, but I'm not letting this stop me," he said. "It feels good to be back out here."

WHERE ARE THEY NOW

Celebrating Progress



**“THESE PEOPLE GAVE
ME THE TOOLS TO GET
EVERYTHING BACK—
AND THEY NEVER LEFT
MY SIDE. I WILL NEVER,
EVER BE ABLE TO TELL
YOU HOW IMPORTANT
THEY ARE TO ME.”**

WHERE ARE THEY NOW

Two and a half years after a debilitating stroke, Amy Degrado is back to the life she knows on the farm she loves.

One of Degrado's treasures is her small farm in Benton, Miss., which is home to cows, goats, piglets, rabbits, chickens, ducks, bees, dogs, cats, and her garden. On a Sunday morning in January 2023, as she ventured out for a routine chore, her entire world—and body—flipped: a single kick to the head from a spooked cow caused a massive hemorrhage in her brain.

"She kicked me hard enough that I did a backflip and landed on my milking stool," Degrado recalled.

Admitted for inpatient treatment with her leg dragging behind her and weakened muscles in her mouth and face, Degrado grew restless with the prescribed bed rest and slow pace of her inpatient therapy schedule. She missed her home and her independence, so after just a few short days, she transferred to MRC's outpatient program, where she began to improve significantly.



WHERE ARE THEY NOW

Eventually, Degrado proved to be an ideal candidate for MRC's Quest program, which provides longer intensive and specialty outpatient care. Her therapists helped her regain the skills she once had and relearn everyday tasks. Degrado says that her therapy team was her saving grace.

The Quest Program is for individuals on a "quest for independence." It's designed for patients like Degrado who have specific goals for getting back to their lives and are willing to put in the work to get there. MRC's Quest team is uniquely resourceful, working with each patient to tailor their therapy to their personal lives and goals. Degrado's team trekked out to the farm and assessed her day-to-day life, then put that information to use, developing a rehabilitation plan centered around her return to farming and tackling chores solo. Degrado recalls that one of her therapists brought in 50-lb. weights similar to the feed bags she was familiar with hauling around and created a routine to strengthen those same muscles.

"These therapists were in it with me," Degrado explained. "I still remind myself of Cassie telling me that 'progress isn't linear.' And now, when I

have a bad day, I remind myself that, 'You know what, progress isn't linear. It's going to be ok.'" Degrado is now back to her old routines and is immensely thankful for her family and their support throughout her treatment, as well as the therapists she grew to love.

"When I had the stroke, I was afraid that I was going to die," Degrado said. "I was afraid that this was it. Then, within a couple of weeks of the stroke, I couldn't walk, I couldn't chew. But these people gave me the tools to get everything back—and they never left my side. I will never, ever be able to tell you how important they are to me."

Despite the persistent numbness on her right side, Degrado has learned to use those muscles again, saying, "If you saw me working, you wouldn't even know I had a stroke." She is now able to spend more time tending to her farm than ever before, with a newfound appreciation for her body and how hard it works for her. Each day on her farm, she thinks about the team that helped her reclaim her life. "They helped me realize this is still a body I can be happy in. They made me want to live."



At 27 years old, Christopher Johnsen was strong and ambitious. A vocational student training to be an automotive technician, he had a love for cars and an even greater love for his faith. But in 2007, while working out, everything shifted. A brain aneurysm led to a stroke, leaving him paralyzed on his left side.

“I remember the exact moment,” Johnsen said. “I was doing pull-ups when I felt a slight pop. I didn’t think much of it at first, but within seconds, I couldn’t move my left side. I collapsed.”

After being rushed to the hospital, Johnsen slipped into a coma for three days and faced a stark new reality—one where his body no longer functioned the way it once had.

The road ahead seemed daunting, but he refused to be defeated.

“I’ve always been optimistic,” he said. “I knew I had to keep pushing forward, even when it was hard.”

Johnsen began the grueling process of rehabilitation, first in South Mississippi and later at Methodist Rehabilitation Center’s outpatient clinic in Flowood. With determination and faith as his driving forces, he relearned the most basic daily activities, such as sitting up on his own, moving his leg for the first time, and eventually walking again. Each milestone was hard-earned, but he never lost sight of his goal.

“Therapy wasn’t just about regaining movement—it was about regaining independence,” he said. “My therapists pushed me, encouraged me, and made me believe that I could do more than I thought possible.”

His journey wasn’t without hardship. In 2022, Johnsen lost his wife, Bessie, to cancer; a

CHECK OUT CHRIS’S YOUTUBE CHANNEL, DEDICATED TO SUPPORTING AND ADVOCATING FOR STROKE SURVIVORS, CAREGIVERS, FAMILIES, AND HEALTHCARE PROFESSIONALS — ALL WHILE GLORIFYING GOD THROUGH THE JOURNEY.



devastating loss that tested his faith. But even in grief, he found purpose. Today, he works at MRC’s Chick-fil-A, where he regularly connects with patients and caregivers, offering words of encouragement and hope. He also shares his faith through his YouTube channel, where he tells his story and inspires others facing similar struggles.

“You never know who’s watching you,” he said. “People come up to me and say, ‘You inspire me.’ That’s when I know that this journey isn’t just about me. It’s about showing others that they can keep going, no matter what.”

**“THERAPY
WASN’T JUST
ABOUT REGAINING
MOVEMENT—
IT WAS ABOUT
REGAINING
INDEPENDENCE.”**



WHERE ARE THEY NOW

On June 16, 1988, Michael Johnson's life changed forever.

At just 19, he was a newlywed with an eight-month-old daughter, Michaela, at home and a future he thought he could see clearly. But early that morning, something seemed off. His legs felt heavy. His energy drained. Later that day, his knees buckled beneath him without warning.

By the next morning, he couldn't move at all.

Doctors soon diagnosed him with Guillain-Barré Syndrome, a rare and devastating disorder that turns the body's immune system against its nerves. The paralysis spread quickly. Within days, Johnson was motionless from the neck down. Even breathing became impossible without a ventilator.

"I remember hearing the doctors tell my dad there was nothing more they could do," he said.

Johnson slipped into a coma as his lungs filled with fluid due to pneumonia. His family stood helplessly at his bedside, told to prepare for the worst. But his father refused to accept that. With unwavering faith, he insisted that the doctors do everything possible to keep his son alive.

"They prayed over me every single day," Johnson said.

Eventually, doctors suggested a desperate, last-ditch option: the iron lung, a mechanical respirator associated with treating polio decades earlier. The transition would be risky. But his father said yes.

And slowly, Johnson began to fight his way back.

After eight months in the hospital, he transferred to Methodist Rehabilitation Center, where he began the long, grueling journey of reclaiming his life.

It was hard. Harder than he expected.

He started in a power wheelchair. Then a manual one. He wore long braces on his legs and forced himself to stand, even when his body trembled with exhaustion and his mind screamed to stop.

"There were days I didn't think I could keep going," he said. Depression weighed heavy. But his therapist at the time, Rachel Jacobson, reminded him he still had a future worth fighting for.

One small victory at a time, Michael built that future.

"It was worse before it got better, and I actually ended up being diagnosed with Guillain Barré a second time, which is very rare," he said. "But eventually I was able to go home after a year of recovery, and I got better. And I'm still moving forward."

Today, at 58, Johnson walks on his own. He lives independently and runs a successful automotive shop, a life far removed from the one doctors once said he'd never have.

And though the hardest chapters are behind him, he knows that healing doesn't end when the crisis passes.

To this day, he continues outpatient therapy at MRC's Flowood campus staying active, staying mobile, and staying committed to the strength he fought so hard to regain.

WHERE ARE THEY NOW



Physical Therapist Amy Burge with Michael Johnson

**“THEY PRAYED OVER
ME EVERY SINGLE DAY.”**



PATIENT STORIES

Celebrating Resilience





by Jez Massey

STRENGTH *Beyond* MUSCLE

Richard Daniels always knew his body was strong. As a competitive bodybuilder, he had spent years sculpting every muscle, pushing himself to the limits, and testing the boundaries of human endurance. But he never expected that his dedication to the sport would one day save his life.

It was an evening like any other when Daniels left work and headed home. The sun had already set, and as he

approached the crest of a hill, he noticed traffic ahead and cars stopped from an accident. Before he had time to react, he slammed into the back of a dump truck.

Dazed but alert, Daniels managed to pull himself from the wreckage, the flames from his vehicle growing in severity. His first instinct wasn't to check himself. It was to check on others.

"Hey, are you okay?" he asked bystanders, unaware that

his own body had taken the brunt of the crash. It wasn't until people started staring at him in shock that he realized something was wrong.

Turning his head slightly, he caught a glimpse of his arm. It was barely attached. Blood soaked his clothes, and the magnitude of his injuries became clear.

Yet, even in the chaos, his mind remained focused.

"I had a bag in my car with tourniquets," he said. "I told

someone to grab it, but the fire was too much. So I took my belt and wrapped it around my arm as tightly as I could."

A state trooper nearby rushed to his side and applied another tourniquet. When paramedics arrived, they wasted no time. He was losing blood fast.

The ambulance ride to the hospital was a blur, but one moment stood out soon after he arrived. A surgeon walked into his room and spoke words that still haunt him.

"Mr. Daniels, we just want to let you know that there's a possibility that when we go into surgery, you might come out missing something (my arm)."

The weight of that statement didn't fully register at first. He had survived the crash, survived the fire, survived the blood loss. But now, lying in a hospital bed, he realized just how close he was to death and losing a limb.

The surgeries that followed were extensive. Over the next few days, doctors worked to repair the severe tissue damage. It wasn't just about saving his arm anymore. It was about saving his life.

And here's where his years of dedication to bodybuilding came into play.

An average person with less muscle mass, his doctors told him, would have lost their arm. The sheer density of his muscles helped slow the bleeding, giving medical teams more time to intervene.





Patient Stories

**I DON'T
THINK I'D
BE WHERE
I AM IF IT
WEREN'T
FOR MRC.**

his journey, Daniels thought back to his early days in bodybuilding when he always dreamed of competing at an elite level. That dream led him to attend a bodybuilding show in 2012, the Southern Classic in Jackson. Determined to compete, he searched for a coach. He found LaQuita Sandra, a trainer who saw potential in him.

"She told me, 'Richard, I believe in you so much, I'm not even going to charge you,'" he said.

That confidence pushed him forward. By 2013, he was on

stage for his first show. By 2017, he earned his pro card, solidifying his status as a professional bodybuilder.

Now, post-accident, his mindset hasn't changed. He refuses to let his injuries define him.

"I put so much work into building my body," he said. "And now, I have to rebuild it again."

His story isn't just one of survival; it's one of resilience. Because strength isn't just about muscle. It's about mindset. And Richard Daniels has plenty of both.

"Being a bodybuilder saved my life," he said.

The road to recovery wasn't easy. After three weeks in the hospital, Daniels returned home. But the battle was far from over.

For nearly two months, he lived with the pain and limitations of his injuries, adjusting to a new reality. It wasn't until January, almost two months after the accident, that he started therapy.

At Methodist Rehabilitation Center's outpatient clinic in Ridgeland, Daniels found himself facing a different kind of challenge. He was used to pushing his body beyond its limits, but now, even simple movements were difficult.

"I went from being completely independent to struggling to do basic things," he said.

But if there's one thing bodybuilding taught him, it was discipline. He attacked therapy

with the same dedication he once applied to his training sessions. Day after day, he worked through the pain, determined to regain strength and function.

He said, "I don't think I'd be where I am if it weren't for MRC. They have been very patient, and they all work so well together."

The accident took much from Daniels, but it didn't steal his spirit. As he reflected on



Physical Therapist Lindsey Oakley with Richard Daniels



Physical Therapist Ginnie Duke and Occupational Therapist Bayleigh Watson with patient Emily McClain

FINDING STRENGTH *After The Storm*

Patient Stories

December 28, 2024, was supposed to be a joyful night for Emily McClain and her family. McClain, her husband, Guy, and their three children spent the evening at the wedding of a family friend.

But as they made their way home, the weather

took a treacherous turn. That evening, storms swept through Mississippi, leaving roads dark and intersections without power.

“We were driving pretty slow coming out of Kickapoo Road,” McClain said. “The light at Highway 49 and Kickapoo was

out, and we didn’t even realize we were in the intersection until it was too late.”

A truck traveling at 75 miles per hour slammed into their SUV. The force of the impact sent their vehicle spinning off the road and into a ravine.

by Jez Massey



The chaos of the crash was immediate. The world blurred into shattered glass, twisted metal, and darkness.

McClain doesn't remember the exact moment of impact, but she remembers the fear. "I just wanted to make sure my family was going to be alive," she said.

Her husband was unconscious. Her children sat in stunned silence. Panic

surged through her. "I was screaming to my kids, 'Say your names! Say your names!' over and over because I needed to hear them talking in the backseat," she said.

One by one, they responded. They were hurt, but they were alive.

McClain, however, sustained severe injuries. "The seatbelt caught me, and that's how I broke ribs on both sides," she

said. "I also broke my hip. They told me it was a 'dashboard injury' because my knee hit the dashboard, which caused my femur to push back and break my hip."

As McClain began to process what had happened, a woman appeared out of the darkness. She asked how many were in the car, and McClain told her five. "She said, 'Are y'all hurt?' And I just said, 'We're all hurt,'" McClain explained.

Friends from the wedding, who unknowingly passed by the wreck, recognized McClain's son walking near the road. "They pulled over and immediately came down into the ravine, through the water and the mud, to be with us," she said. "There's really nothing sweeter than hearing good friends' voices when you're in the middle of chaos."

Emergency responders arrived, navigating the rain-soaked scene. The Pocahontas Volunteer Fire Department covered McClain's daughters with blankets, trying to shield them from the cold. Her husband, still disoriented, began to regain consciousness.

After the initial accident, McClain spent ten days in the hospital before being transferred to Methodist Rehabilitation Center.

"That's when the real fight began," she said.

For weeks, she was non-weight-bearing, unable to stand or walk.

"They told me it would be eight to ten weeks before I could put any weight on my leg," she said. "I can use a walker, but I'm basically hopping on one foot. And trust me, I wasn't good at hopping on one foot before this happened."

**FAITH
BECAME HER
ANCHOR
DURING THIS
PROCESS.
ONE EVENING
AT MRC, SHE
EXPERIENCED
A MOMENT OF
GRACE SHE
WILL NEVER
FORGET.**

Physical therapy was grueling, but McClain remained determined. "There's a lot of therapy ahead, but I'm just so grateful that full recovery is possible," she said.

Faith became her anchor during this process. One evening at MRC, she

experienced a moment of grace she will never forget.

"I started humming *Great is Thy Faithfulness* out loud, and my nurse, Sonia, turned around and began singing with me," said McClain. "Her voice was so warm, so beautiful. Kayla, another nurse, came rushing in, and we all just gathered there, savoring the sweetness of the moment—a moment I will always carry with me."

Recovery is not just physical. It's emotional.

McClain said, "My son asked me, 'Will you be able to walk on my arm at my senior night in October?' I said, 'Yes. I will.'"

"We should have died in that accident," McClain continued. "But we didn't. And that's hard to understand, but everything that happens is for God's glory."

"My youngest daughter wrote Lamentations 3:22-23 on the white board in my Methodist Rehabilitation room. I have camped out in those verses daily. They continue to be a balm to my soul. My hope is in the Lord . . . His mercies are everlasting . . . great is thy faithfulness."

Emily McClain is moving forward—one step, one prayer, and one day at a time.



FIGHTING Through THE FIRE

by Jez Massey

Cynthia Fomby had built a comfortable life for herself in Pearl, Miss., never imagining she would wake up one day to find herself engulfed in flames. On October 13, 2024, her world turned into a nightmare.

“It was nobody but God that woke me up,” Cynthia said. “I didn’t hear a single fire alarm. When I opened my eyes and saw the glow, I thought I was dreaming.”

Reality hit fast. She scrambled to her front door, but when she opened it, the force of the heat and smoke knocked her off her feet. She had only seconds to decide to stay and perish or fight her way out. Her instincts took over.

She reached for her keys, always hung in the same spot, grabbed her ID from the dresser, and rushed to the balcony of her third-floor apartment. The air was thick

with black smoke. Down below, firefighters shouted, urging her to escape.

As she climbed over the railing, she felt the scorching heat sear her skin.

“I don’t know why my hands didn’t burn,” she said, still in disbelief. “The metal was so hot.” She maneuvered toward a ladder where a firefighter was ascending to rescue her.

“We met chest to chest,” she said. “He grabbed me, but

his suit was so hot, I had to push away.” The momentary struggle led to catastrophe. Cynthia fell. She had aimed for the shrubbery below, but instead, she slammed onto the concrete.

The impact shattered her arm. A neighbor rushed to her side, refusing to leave until paramedics arrived. As she was lifted onto a stretcher, she caught one last glimpse of her home with the flames swallowing everything she owned.

Patient Stories

Then, darkness.

Cynthia was placed in a medically induced coma for more than two weeks. When she woke up, the fight for her life was far from over. In just one month, she endured six surgeries. Each procedure took its toll—not just physically, but mentally and emotionally as well.

“I knew anesthesia would send me into depression,” she says. “So I asked the doctors to put me on something before it got too bad.” Even with

precautions, recovery was grueling. She lost hair, her skin changed, and the emotional scars ran deep.

The first time she truly saw herself post-accident was at Methodist Rehabilitation Center. She had been avoiding mirrors, unable to face the reality of her injuries. But in that moment, surrounded by therapists dedicated to her healing, she found a new kind of strength.

“Tears of joy,” she said of arriving at therapy. “I was



EVERYBODY—AND I MEAN EVERYBODY— HAS BEEN GENUINELY SWEET AND NICE TO ME ...YOU CAN'T FAKE THAT.

finally somewhere that could help me move forward.”

Getting to MRC was no easy feat. Cynthia had initially been sent to another facility, but her experience there was harrowing. “I got a blood clot in my leg, and they did nothing about it.”

Desperate for better care, she and her doctor worked tirelessly to get her transferred. When she received the call that she was going to MRC, she broke down in tears.

“Everyone told me, ‘Cynthia, you need to be at Methodist.’ And they were right.”

At MRC, she found not only expert medical care but also genuine compassion.

“Everybody—and I mean everybody—has been genuinely sweet and nice to me,” she said. “Like I told my mom, you can’t fake that.”

She even admitted, with a smile, “Y’all done spoiled me over here.”

“It has been a wonderful experience,” she said. “I came in here, I did what I needed to do. They wheeled me in here. I told ‘em ‘I’ll walk out.’ And that’s exactly what’s gonna happen.”

She knew the road to recovery wouldn’t be easy, but she embraced the challenge.

“Therapy was great. They told me I had to do three hours of therapy a day. I told them to

bring it on because I came here to get better.”

A personal trainer for more than 20 years, Fomby knows what it takes to push through. “I know therapy because I’m a trainer. I know what it’s gonna take to get me strong. We all work together.”

Fomby’s journey is far from over, but she is determined. “I’ve done so well here,” she said.

Though the fire took nearly everything, it did not take her will to fight. Each day, she moves closer to reclaiming her life.



50 Year Anniversary **CELEBRATING EVERY MILESTONE**

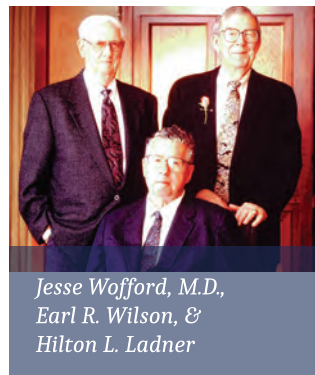


MRC: Fifty Years of Restoring Ability and Hope

by Amy Lyles Wilson

Although the Methodist Rehabilitation Center began construction in 1970 and admitted its first patient in 1975, discussions about bringing advanced rehabilitative care to Mississippi had been happening for at least a decade beforehand. Initially envisioned as two separate projects, a rehabilitation center and an extended-care hospital, the plans faced numerous financial and logistical roadblocks. Neither concept could move forward independently. When the two ideas were combined into a single facility, it sparked the breakthrough that would ultimately bring the vision to life.

Pivotal to the effort was the support of the Mississippi Legislature, the University of Mississippi Medical Center (UMMC), the Mississippi Department of Vocational Rehabilitation, and the Mississippi Conference of the United Methodist Church. Equally important to the project was a group of founding visionaries: Frank Hart Sr., Hilton Ladner, Earl Wilson, and Jesse Wofford, M.D. Their contributions cannot be overstated.



Jesse Wofford, M.D.,
Earl R. Wilson, &
Hilton L. Ladner



1975, (L-R)
Dr. and Mrs. Hardy,
Dr. and Mrs. Jesse Wofford,
Mr. and Mrs. Frank Hart

In 1968, a permanent board of trustees was named: Chairman, Earl Wilson; Vice- Chairman, Hilton Ladner; and Secretary, Dean Miller. Members of the board included Dan Breland, Frank Hart Sr., Dr. Jesse Wofford, Rev. Robert Kates, William Mounger, Rev. Harold Peden, and John Webb Jr.



Unlike traditional rehabilitation centers of its time, MRC pioneered a transformative approach to patient care—one that focused not just on recovery, but on rebuilding lives. From its inception, MRC embraced a whole-body, team-based model that brought together physicians, physical and occupational therapists, speech-language pathologists, vocational rehabilitation counselors, chaplains, and other specialists, all working in concert to address every aspect of a patient's well-being. The original Methodist Rehabilitation Center, designed by local architect Charles Craig, boasted 60 beds. Today, the facility has expanded to seven floors and is licensed for 124 beds.



1975 Grand Opening



“THE TEAM APPROACH IS KEY TO REHABILITATION,”

founding administrator John Webb said at the time. “With that approach, you have eight or ten people focusing on the needs of one patient.” At the heart of MRC’s care model is the belief that true rehabilitation goes beyond physical healing.



1975, Reverend Jim Orman
with a patient

It must also nurture emotional resilience and spiritual strength. This comprehensive strategy, innovative at the time, remains central to MRC’s mission today.

A milestone in MRC’s history occurred in 1989 with the establishment of the Wilson Research Foundation, made possible by a gift from the family of H. F. (Mac) McCarty Jr. and Mary Ann McCarty. Named in honor of close friends Earl and Martha Wilson, the Foundation quickly became a powerful engine for clinical research, technology, and education.

Thanks to the generosity of our donors and stakeholders, the Wilson Research Foundation has raised millions of dollars to fund the most advanced levels of technology, research, and clinical training, thereby ensuring MRC’s position at the forefront of rehabilitation. These efforts guarantee that patients receive the most effective, evidence-based care today and into the future.

MRC continued its momentum in 1992 with the opening of its 25,000-square-foot East Campus at One Layfair Drive in Flowood. The facility expanded access to specialized care and positioned the center for future growth. The following year, MRC revolutionized prosthetic care with the introduction of a cutting-edge CAD/CAM (Computer-Aided Design/Manufacturing) system, one of the first of its kind in the region. This breakthrough allowed clinicians to design and fabricate custom prosthetic devices with



Mr. & Mrs. Mac McCarty



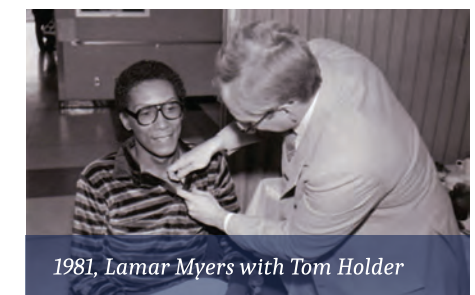
1994, Pat O'Banner, LPN
with a patient

unprecedented precision and speed, dramatically improving both the patient experience and clinical outcomes. Patients could receive customized prosthetic solutions tailored to their exact measurements in a fraction of the time previously required.



To complement this work, MRC opened its 11,000-square-foot Orthotics and Prosthetics Division, solidifying its role as a regional leader in the field. The East Campus also became home to a 7,000-square-foot Industrial Rehabilitation Center, created to help patients return to work safely and efficiently. These additions embodied MRC’s mission to restore ability and independence through science, compassion, and customized care.

In the mid-1990s, MRC announced Quest, a comprehensive outpatient program for people with brain, spinal, and other neurological injuries to learn the skills necessary for independent living through individual and group sessions and real-life community experiences. Quest focuses on improving organization, communication, and problem-solving skills, as well as overcoming physical impairments. Strong emphasis is also placed on family involvement and support, as both are key elements in encouraging progress.



1981, Lamar Myers with Tom Holder



Myers

In 1998, MRC established the Center for Neuroscience and Neurological Recovery, the research arm of MRC, conducting innovative studies into improving treatment outcomes and publishing several hundred research articles disseminated worldwide.

Also in 1998, the Methodist Rehabilitation Center Brain Injury Program was recognized as one of the first Traumatic Brain Injury Model Systems in the nation by the U.S. Department of Education's National

Institute on Disability and Rehabilitation Research. This prestigious designation illustrated MRC's commitment to driving innovation in brain injury treatment and recovery, and came with a significant grant that advanced MRC's role in brain injury research.

In 2000, the Methodist Rehabilitation Center became the first hospital in Mississippi to be named one of America's top hospitals by *U.S. News & World Report*. This honor had long been a goal of Wilson's, and it delighted everyone involved with MRC that he knew about the designation before he died later that same year.

In February 2004, MRC opened the Methodist Specialty Care Center (MSSC) on the East Campus. MSSC is Mississippi's first residential care facility designed especially for the younger, severely disabled person. What truly sets it apart, however, are the unique accommodations, combined with skilled clinical services that provide an environment



where residents can thrive. Residents at Methodist Specialty Care Center stay active, socialize, learn, venture out into the community, and enjoy life to the fullest extent possible. This makes the center the perfect place for those who are completely reliant on others for their activities of daily living, but don't necessarily fit or desire the traditional nursing home setting.

The goal at Methodist Specialty Care Center is to continue MRC's proud tradition of medical excellence and personal empowerment by providing a caring environment that enriches the health and well-being of residents and their families and respects the unique contributions of each individual. Residents are encouraged to strive for the highest level of independence possible, and every effort is made to fulfill their clinical, social, and spiritual needs. MSSC continues to operate at full capacity with 60 residents. In 2025, the Methodist Specialty Care Center was named one of the Best Nursing Homes for 2025 by *U.S. News & World Report*.

Mark Adams came to Methodist Rehab in 1989 as chief operating officer and was named chief executive officer in 1993. During his tenure, MRC developed an internationally recognized research program, a long-term, residential care facility for young adults with severe disabilities, and a vocational and community reintegration program for people with brain and spinal cord injuries. Another significant achievement under his leadership was a historic affiliation agreement with the University of Mississippi Medical Center in 2014. The partnership has led to better cooperation between each entity's clinical, research, and educational pursuits.

David McMillin, a longtime member of the MRC Board of Trustees, was appointed CEO in



Mark Adams

July 2022. McMillin brings an impressive record in leadership, sales, and management from his 35 years with Xerox. He holds degrees from the University of Mississippi and Millsaps College.



LeLouise Davis and the Pain Management team

“AT METHODIST REHABILITATION CENTER, WHAT WE DO IS FAR MORE THAN A JOB—IT’S A CALLING,” SAYS MCMILLIN.

“Every day, I’m inspired by the extraordinary skill, compassion, and dedication of our team as they help patients reclaim their lives. The work we do here is deeply meaningful, and I am honored to serve alongside such exceptional people.”

In recent years, MRC has expanded its reach by opening numerous outpatient therapy and orthotics and prosthetics clinics to meet the



MRC Flowood Outpatient Therapists

evolving needs of patients across Mississippi and into Louisiana. New locations include our tenth orthotics and prosthetics clinic, located in Brookhaven, and an outpatient therapy clinic in Clinton, which offers full-spectrum orthopedic and neurological rehab services and helps fill a critical access gap in west-central Mississippi. In addition, MRC has opened an orthotics and prosthetics clinic in Tupelo and an outpatient therapy clinic in Gluckstadt.

“We’re filling a need, not just seeking competitive growth,” says Joe Jacobson, Director of Outpatient Therapy at Flowood’s Outpatient Clinic. “We owe it to Mississippi.”

That mission-driven mindset continues to propel MRC forward. With the integration of the latest technologies, and a team of expert clinicians, MRC continuously sets new standards in rehabilitation care. “We’re honored to serve families across the Southeast with services that are both compassionate and cutting-edge,” says Chris Wallace, Director of Orthotics and Prosthetics.

“Excellence is the word that comes to mind when someone asks me about Methodist Rehab,” said Mike Sturdivant, the longest serving member on the MRC Board of Trustees. “When I first joined the board in 1979, I knew immediately that I was in the right place with the right people. You can tell it’s more than a job for the people who work at MRC. And that sets the tone for the whole hospital. I’m honored to still be serving on the board today.”



Patients in Big and Loud Parkinsons Class



2025, Rededication Ceremony

On May 5, 2025, MRC marked 50 years since receiving its first patient. A ceremony to commemorate the occasion was held in the Atrium of the hospital. Chaplain Rev. Maxine Bolden offered the invocation and Rev. Bert Felder, an MRC Trustee, led the rededication. Inspiring, special music was provided by Anderson United Methodist Church, where Rev. Dr. Stephen Cook, an MRC Trustee, serves as senior pastor.

MRC would not be where it is today without an outstanding array of dedicated and skillful employees, physicians, administrators, board members, and volunteers.



“As a newer board member who is not originally from Mississippi,” said Justin Peterson, “I’ve been deeply moved by how often I hear about the life-changing work of Methodist Rehab. It has not taken long for me to appreciate the scope of its impact across our state. That impact is personal for me too, as my own family members have benefited from the very same kind of care MRC has provided for 50 years.

"I'M HONORED TO SUPPORT AN ORGANIZATION SO ROOTED IN COMPASSION AND EXCELLENCE, AND I'M EXCITED AND OPTIMISTIC FOR ALL THAT LIES AHEAD FOR MRC IN ITS NEXT 50 YEARS."

With a proud legacy behind it and a bold vision ahead, MRC is ready to meet the challenges of tomorrow. Toward that end, the Rehab Center continues to expand its facilities, enhance its programs, and strengthen its commitment to helping people regain their lives, one step at a time.

“The Methodist Rehabilitation Center has been a topic of discussion in the Wofford household since the 1960s,” said Dr. Marion Wofford, Chairman of the Wilson Research Foundation Board of Governors and MRC Board of Trustees Member. “As one of the four advocates and founding board members of MRC, my father, Dr. Jesse Wofford, was quite passionate about the creation of MRC as a state-of-the-art rehabilitation facility for people with disabling injuries and illnesses.”

Wofford continued, “As the vision of MRC has evolved since the 1970s, so have the services and programs needed to care for disabled citizens. The scope of programs under the MRC umbrella amazes me. It has been my privilege to see the services expand to meet the needs of disabled citizens of Mississippi. Having been a medical professional practicing at University of Mississippi Medical Center, I have met countless families and patients



who have expressed sincere appreciation for the outstanding care from MRC hospital and outpatient clinics.”



Building on a legacy of compassionate service and clinical excellence, MRC is poised for continued growth, expanding facilities, advancing technologies, and strengthening programs to meet the evolving needs of patients across Mississippi and beyond. Investment in research and innovation through the Wilson Research Foundation will remain a cornerstone, driving the discovery of new therapies and improved rehabilitation methods. Likewise, MRC will continue to invest in the professional development of its clinicians, ensuring they remain leaders in their fields.

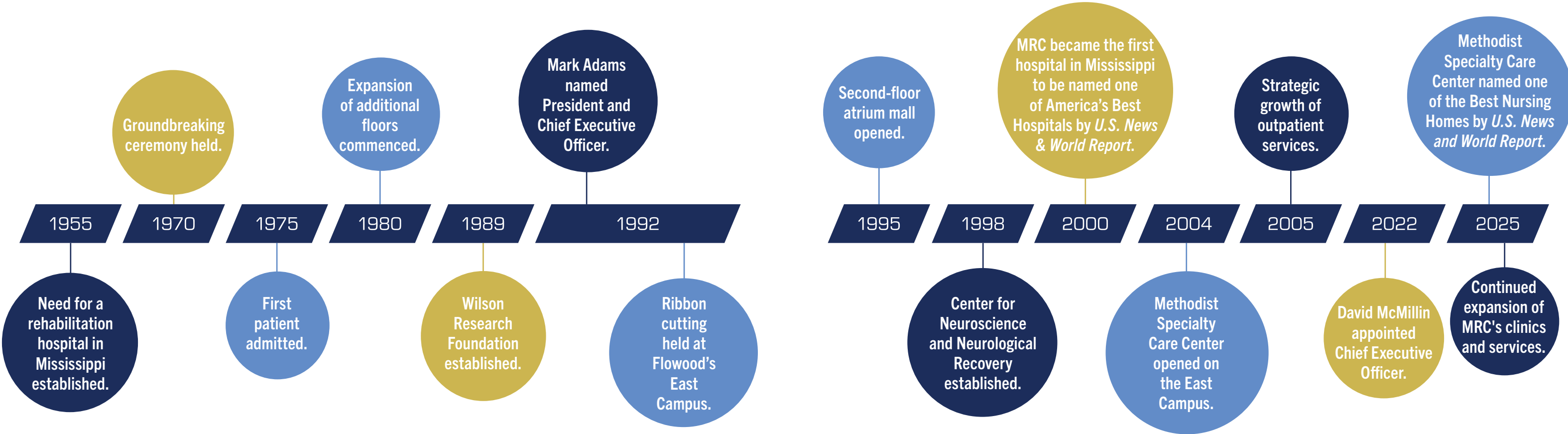
“FROM THE VERY BEGINNING, WE PLEDGED TO MAKE THIS AN EXCEPTIONAL FACILITY AND TO BE FIRST IN REHABILITATIVE RESEARCH, TREATMENT, AND CARE,” SAID EARL WILSON BACK IN 2000, AS MRC CELEBRATED ITS 25TH YEAR.

“As we pause to savor the joy of participation in those years, let us also move forward toward the next twenty-five years with the same vision, mission, enthusiasm and compassion that has brought us this far.”

Just as it has for 50 years, Methodist Rehabilitation Center continues to evolve by seeking new ways to improve, expanding our services, and reaching more Mississippians in need of our care. We are committed to building on the foundation of excellence that defines us. The road ahead is full of possibilities, and we can’t wait to see what’s next for MRC.



MRC patients with members of their care team



“It All Matters”: Honoring Gary Armstrong’s Five Decades of Service to MRC

by Emily Rowell

For almost half a century, Gary Armstrong has been a pillar of the Methodist Rehabilitation Center—a living testament to dedication, excellence, and service. His long and impactful career exemplifies personal integrity and leadership, reflecting the remarkable spirit of MRC itself.

Beginning his career as Director of Information Services, Armstrong went on to hold a series of key executive roles along the way, including Chief Information Officer; Vice President; Controller; Executive Vice President of Finance & Information; Executive Vice President of Finance & Operations; and currently, President and Chief Financial Officer.

When Armstrong first walked through the doors of Methodist Rehabilitation Center in December of 1977, he had no idea he was stepping into a five-decade career. Fresh out of Mississippi State University where he graduated with a degree in Business Statistics and Computer Technology, Armstrong was encouraged to interview at the recommendation of a Sunday School friend. During the interview, Armstrong couldn’t help but jump in when he noticed a data analysis problem that needed solving. “They were working on something statistical,” he recalled. “I offered a solution on the spot. I guess that made an impression.”

That one moment launched a career defined by loyalty, leadership, and an unwavering belief in the call to care for patients with the love of God.

From that first day—when a majority of the employees were gone for the holidays and Armstrong taught himself the hospital’s IBM system from a stack of manuals—to today, as President and Chief Financial Officer, Armstrong has not lost sight of the driving purpose behind Methodist Rehab: to help people rebuild their lives.

“I started when we had just one big computer and two key-punch workers,” Armstrong said, laughing. “Now my phone is more powerful than that computer system.”

As technology evolved, so did he. Over the years and in many different roles, Armstrong has steadily become a cornerstone of the operations, strategy, and identity of Methodist Rehab. While his titles changed, he remained steady. “What truly sold me on Methodist wasn’t the salary or the size of the hospital,” Armstrong said. “It was the opportunity to learn every part of the business and be a part of something that mattered.”

Armstrong’s career has been more than a steady climb. It has been a story of transformation, both personal and institutional. In the late ‘70s, inpatient rehab was a foreign concept in Mississippi. “If you had a stroke, you just went home and lived with it,” he said. “We had to change that mindset.”

Under Armstrong’s financial and operational guidance, MRC expanded dramatically, improving its quality of care and further educating Mississippi about rehabilitative medicine. In addition, Armstrong’s



leadership has strengthened the hospital’s financial health. What began as a three-floor facility grew to seven floors and a growing network of outpatient rehab and orthotic-prosthetic clinics across and beyond Mississippi. In 2023 and 2024, admissions increased by double digits with continued growth in 2025.

“My vision is that with time we will continue to grow, to educate, to learn, and develop so that we can service more and more of our fellow Mississippians,” Armstrong shared.

“You won’t find a more compassionate, capable group anywhere. That’s why I continued to stay, year after year.”

Despite massive growth, MRC has never allowed its original mission to shrink. Armstrong heavily credits the dedicated people who work there. “You won’t find a more compassionate, capable group anywhere,” he said. “That’s why I continued to stay, year after year. The people, the mission, the work. It all matters.”

Appointed President and CFO in 2022, following CEO Mark Adams’ retirement, Armstrong embraced the chance to implement the ideas he had long cultivated. Building Excel spreadsheets, running analytics, and diving into financial reports are second nature to him. His unique blend of IT, operations, and finance gives him an uncommon ability to see the big picture while solving day-to-day challenges.

Outside of MRC, he has built a network of influence that is just as strong. Armstrong serves on national boards of the American Medical Rehabilitation Providers Association (AMRPA) and as President of the FAIR Fund, which advocates for equitable access to inpatient rehab care. This October, he will be honored with AMRPA’s 2025 National Leadership Excellence Award, a national recognition of an impactful and significant career in rehabilitative medicine and care.

If Armstrong speaks about MRC like it’s family, that’s because for him, it is. He met his wife, physical therapist Pattie Armstrong, at the hospital; has formed decades-long friendships with coworkers; and still visits former colleagues-turned-friends receiving care at the center. “Jim Ormon started the same year I did. He served as chaplain at MRC for 15 years,” Armstrong said. “When Jim was a patient here earlier this year, I visited him every day.”

Armstrong’s work ethic is unlike any other. Always the first one in and the last one out, he once left the ER at 2 a.m. after receiving an IV to make it back in time for a major software rollout. Even now, he sometimes wakes in the middle of the night thinking about spreadsheets or patient needs. “It’s 24/7,” he said. “But when you know your work is making a difference, you don’t mind.”

As Methodist Rehabilitation Center celebrates its 50th anniversary, Armstrong is focused on what comes next. His vision for the future includes expanded facilities, satellite campuses on the Gulf Coast and in North Mississippi, and more integrated care options to ensure that no patient falls through the cracks. “We’ve made enormous strides,” he said. “But there’s still so much potential. Whether it’s inpatient care or outpatient services, we should be able to say, ‘Yes, we can help you’ to everyone.”

And to those just starting out in their careers, Armstrong’s advice mirrors the principles that have guided his own: Show up early. Be eager to learn. Work with purpose. “If your job doesn’t give you passion, go find one that does,” he said. “We spend too many hours at work to not love what we do and where we are.”

As Methodist Rehabilitation Center celebrates 50 years, it does so with gratitude for leaders like Gary Armstrong who not only helped lay the foundation but also continue to dream beyond it.



Staff with over Twenty Years of Service

47 Years

Gary Armstrong, Administration

43 Years

Rebecca Cameron, Respiratory Therapy

40 Years

Linda Clark, Purchasing

Donna Short, Nursing

Cathern Young, Admissions

39 Years

Cassie Means, Outpatient Services

36 Years

David Surrell, Receiving

35 Years

Kathy Kendrick, Computer Services

31 Years

Connie Flanagan, Community Outreach

Joseph Jacobson, Outpatient Services

Bernita Qualls, Nursing

Angelia Warner, Respiratory Therapy

30 Years

Teresa McKie, Human Resources

Susan Myrick, Nursing

28 Years

Regena Brown, Nursing

Connie Elliott, Medical Records

Contrina Hayes, Nursing

Walter Jackson, Outpatient Services

Brad Kennedy, Orthotics & Prosthetics

Dobrivoje Stokic, Research & Innovation

Teresa Swyers, Outpatient Services

“Methodist Rehabilitation Center has been more than just a workplace to me.
It has been my second home for nearly 29 years.
When I first walked through the doors, I came seeking a job. What I found was a family.
Over the years, I've had the honor of watching lives transform, patients rediscover strength,
families regain hope, and staff members work together as a true team.
It's not just about the tasks we do each day but the difference we make in the lives of others.”

—Connie Elliott, Inpatient Coder, Medical Records

34 Years

Gloria Gilmer, Nursing

33 Years

Shirlene Allen, Nursing

Jennifer Shoto, Nursing

32 Years

Elizabeth Hays, Respiratory Therapy

Bridgett Pelts, Quality and Information

Tracy Stockton, Nursing

Mary Ruth Thomas, Nutritional Services

27 Years

David Cole, Specialty Care Center

Antonio Hayes, Research & Innovation

26 Years

Rhonda Depoyster, Radiology

Tammy Voynik, Administration

25 Years

Trisha Greer, Orthotics & Prosthetics

Joseph Moss, Orthotics & Prosthetics

Shonda Sifford, Outpatient Services

Teresa Thompson, Admissions

24 Years

Dawn Davis, Orthotics & Prosthetics

Karen Klein, Outpatient Services

Renee Morgan, Revenue Cycles & Outside Clinics

Christopher Wallace, Orthotics & Prosthetics

Otis Williams, Security

Ruby Williams, Nursing

23 Years

Bruce Breithaupt, Information Technology

Clea Evans, Inpatient Services

Lauren Johnson, Nursing

22 Years

Lisa Indest, Outpatient Services

Ashlee Ricotta, Outpatient Services

Lori Tower, Outpatient Services

Alma Young, Medical Records

21 Years

Carolyn Anderson, Accounting

Kenneth Buford, Orthotics & Prosthetics

Brenda Fletcher, Inpatient Services

Luly Johnson, Orthotics & Prosthetics

Stephanie Lynchard, Inpatient Services

Gail Powell, Environmental Services

Bessie Richardson, Inpatient Services

20 Years

Linda Adams, Inpatient Services

Laura Alford, Specialty Care Center

Steve Friend, Outpatient Services

Andre Hardy, Outpatient Services

Twylas Holmes, Specialty Care Center

Kalisa (K.K.) Ramsey, Outpatient Hospital Clinic

Elizabeth Rich, Outpatient Services

Michael Rule, Specialty Care Center

Joseph Sariah, Specialty Care Center



CHAPLAIN'S CORNER

by Rev. Maxine Bolden

“To whom much is given, much will be required.”

LUKE 12:48

As we look back on 50 years of service to the community, the Methodist Rehabilitation Center has received so much. We have received the trust of the community, increased the ways and places from which we serve, healed broken dreams and bent promises, and carried the pent-up hopes of many who never thought they would survive. Yet, by grace, we have also helped to give that which was required. In living out the hope and vision of our founders, we have seen patients and families enter the doors of MRC with rebellious bodies, a few prayers, and sometimes, nothing more than a teaspoon of hope. Some were full of determination, and others were not. They cried and tried, wailed and waffled, stumbled and stood, but most made it home.

The chaplains have sat with the broken, gathered up the crushed, listened to the silent, circled around the lonely, poured into the empty, and restored the discarded. Still there is more that is required. God has blessed us with the gift of presence and promise. Time after time, patients and their families return to say thank you, look at me now, or I did not think I would make it. To God be the glory!

As we live into the next 50 years of MRC, we long to meet people where they are, praying them forward to where God wants them to be. We still believe God is a healer. We still believe people need to live into their purpose. We still believe this is the best place to do what we do in response to the love of God. Now and for the next 50 years, we still believe.



Coming through the doors to MRC is like coming home for me. In helping prepare this 50th anniversary edition of the *Ways & Means*, I spent a good deal of time on Memory Lane. Some of the terrain was familiar to me, especially those early days of MRC. So many fond memories presented themselves along the way that I found myself tearing up on more than one occasion. From eating Sunday lunch in the MRC cafeteria after church, to helping with fashion show and bake sale fundraisers. Celebrating hospital expansions and accomplishments, to being named one of America's Best Hospitals by *U.S. News & World Report*. Man did that make Daddy proud. And that it happened shortly before his death in 2000—at our quarter-century mark—brought great comfort to my family. Daddy didn't know his death was coming, but he knew, at his core, that MRC's next 25 years would be just as fruitful as the first. He would be over the moon with where MRC is today, all the while cheering us on for what's next.

Beyond the history, I reveled in such recent accomplishments as new outpatient clinics, enhanced robotics, and the revitalization of the volunteer and chaplaincy programs. That's just a bit of what showed up as I walked the halls, immersed myself in the archival material, and collaborated with Methodist Rehab and Wilson Research Foundation team members to try and get our story just right.

I hope you see yourself in these pages, whether as a patient, employee, volunteer, or supporter. Even though I fancy myself a writer, it's hard for me to put into words how much you all move me. You have a piece of my heart.

Looking forward,

Amy Lyles Wilson

Daughter of MRC co-founder
Earl Wilson

www.amylyleswilson.com



CURTIS GAINWELL

Now I Can MASTER MY CRAFT



*“I CHOOSE TO SMILE BECAUSE I KNOW
MY JOURNEY MIGHT OFFER HOPE.”*

“I had everything going for me. Then one day, it all changed,” said Curtis Gainwell.

A sudden brain hemorrhage required five emergency surgeries to stop the bleeding and led to a month-long coma.

“I don’t even remember all of it,” he said. “I just remember waking up and realizing I couldn’t really move my right side.”

His recovery journey eventually led him to MRC, followed by years of dedicated outpatient therapy at MRC’s Flowood location. Initially reliant on a powerchair, then a wheelchair, his perseverance led him to walk again.

“There were days I questioned everything,” he said. “Why me? Why now? Why this way?” But I

made a commitment to keep showing up, even on the days I felt weak or unlike myself.”

While he still experiences some limitation in his right hand and continues receiving botox injections at our outpatient hospital clinic, Gainwell has started an inspiring new chapter. He’s now attending barbering school at Traxler’s School of Hair in Jackson, where he has found a supportive community.

“This experience taught me patience,” he said. “I had to learn how to navigate the world and be seen again after such a significant change. But I choose to smile because I know my journey might offer hope and show someone else that survival is possible.”



THE WILSON RESEARCH FOUNDATION

Research & Innovation: Exploring What’s Possible

by Chris Blount, Wilson Research Foundation Executive Director

Everyone involved in patient care at MRC looks at each patient and wonders, “What’s possible?” And, “How can I help the patient achieve what’s possible?”

Thanks to gifts to the **Wilson Research Foundation**, that question drives an ambitious and thriving research program at MRC. Our dedicated investigators work side-by-side with clinicians and patients to discover better treatments, improve recovery outcomes, and accelerate healing through science and technology.

Through your generosity:

- Patients and clinicians actively participate in research studies.
- All have free access to research labs and expert scientific guidance.
- Study findings are published in leading peer-

reviewed medical journals—advancing care not just at MRC, but around the world.

The Foundation funds state-of-the-art therapy equipment, supporting advanced education for clinicians, and providing a patient charity fund for essential equipment and supplies. We also support chaplaincy services, addressing the spiritual needs vital to whole-person healing. In the past year alone, the Foundation granted more than **\$1.1 million** in support of these endeavors.

Each year, our *Walk & Roll* event celebrates the resilience and progress of MRC patients. This year’s walk raised more than **\$164,000** with teams led by MRC employees and community members. Their efforts are a testament to how deeply our mission is valued.

Help Us Expand What’s Possible

Together, we can:

- Expand our research and clinical innovation
- Invest in breakthrough technology
- Enhance facilities for greater reach and impact

As MRC grows, bringing hope and healing to more people than ever before, please consider making a new gift or pledge today. Visit wilsonfoundation.org or contact me or one of our board members to learn more about giving, setting up a multi-year pledge, or creating a legacy gift. With your continued support, we can expand our reach even further, and we are deeply grateful for every gift. We couldn’t do this good work without you. As Earl Wilson used to say: **“With your help, there are no limits.”**

Let’s explore what’s possible together.



Chris Blount

The Role of Research in Recovery: Driving Excellence in Rehabilitation Care

Fostering human research, innovation, and education are key pillars of the MRC mission. In 1997, MRC established a human research program, the Center for Neuroscience and Neurological Recovery (CNNR), under the leadership of Dr. Dobrivoje (Boba) Stokic, a physician-scientist trained at the Baylor College of Medicine in Houston, Texas. Dr. Stokic, Vice President of Research & Innovation, has been at MRC for nearly 30 years.

Research at MRC is led by investigators specializing in rehabilitation medicine, biomechanics, and biomedical engineering. They are supported by clinical collaborators with expertise in electrophysiology, physical and occupational therapy, orthotics and prosthetics, and neuropsychology. Working in 4,500 square feet of dedicated space on MRC’s second floor, the team has three labs filled with high-tech tools used for objective evaluation.

The research is overseen by the Institutional Review Board for Human Research, and proposed studies undergo review and approval by a diverse panel of the Board members to ensure ethical standards are met. Participants provide consent before joining a study, and receive compensation for their time and expenses.

Research Activities

Research drives clinical expertise, enhances skills, and improves outcomes, empowering doctors, nurses, and therapists to practice evidence-based medicine and deliver the best available treatments. CNNR’s mission is to *RAISE the BAR*. That is, to serve as a *Bridge to Advancing Rehabilitation* to ensure each patient reaches his or her *Best Achievable Recovery*.

Toward that end, the CNNR engages in the following:

- Research
- Academic activities
- Innovation
- Support
- Education

Research is at the heart of CNNR’s mission and focuses on different neurological

conditions, primarily stroke, spinal cord injury, and traumatic brain injury. Our work leads to helpful advancements and increased knowledge. By participating in research, MRC patients have the opportunity to experience new treatments firsthand.

Academic activities of our investigators have been recognized nationally and internationally through publishing research articles, presenting at conferences, reviewing journal articles and grant applications, and teaching and mentoring Ph.D. students at different schools at the University of Mississippi Medical Center (School of Medicine, School of Graduate Studies in Health Sciences, School of Health Related Professions).

Innovation involves testing new rehab technologies, discerning the best way to use them, and getting them to patients as quickly as possible. Fostering innovation has helped MRC bring



many new therapies into everyday care, such as robots that help people regain movement in their arms and legs and a robotic tilt-table to recover movements and prevent blood pressure drops after a spinal cord or brain injury.

Support of clinical services makes MRC truly unique. Our researchers work hand-in-hand with clinicians to find better ways to care for patients. A prime example is the help our research team offers daily by checking how well a surgically-implanted pump works to reduce muscle stiffness after a brain or spinal cord injury. Patients are not charged for the support our research staff provides to the clinical team.

Education is a continuous and essential part of our work in bringing innovation into patient care. Our research staff stays at the forefront of the latest advancements and shares this knowledge with doctors, nurses, and therapists through in-house presentations and hands-on training in cutting-edge rehabilitation technologies.

Key Achievements and Research Emphasis

MRC has twice been designated a Traumatic

Brain Injury Model System site, under the leadership of Mark Sherer, Ph.D., and Stuart A. Yablon, M.D. This prestigious federal designation is awarded to a select group of centers across the United States that provide exceptional care and conduct research to improve lives of individuals with traumatic brain injury.

Led by Dr. Art Leis, an MRC neurologist, CNNR made a groundbreaking discovery regarding the West Nile virus when noting that it can attack the spinal cord, causing muscle weakness and a polio-like paralysis. This research attracted international media attention and was published in such top-tier medical journals as *The New England Journal of Medicine*, *Journal of the American Medical Association*, and *The Lancet Infectious Diseases*, among others.

The Center for Neuroscience and Neurological Recovery is recognized as one of the leading research programs worldwide in the evaluation and treatment of muscle spasticity, a common complication of stroke, brain injury, and spinal cord injury. Our work includes Botox testing, as



“It helped me see where I was in my recovery.”

—MARY DAVIS, RESEARCH PARTICIPANT

After her stroke, Mary Davis began her rehabilitation at Methodist Rehabilitation Center, starting with inpatient therapy before continuing her progress at an outpatient therapy clinic closer to home. Along the way, she was invited to participate in a research study at MRC, an opportunity she welcomed.

“I agreed right away,” she said. “I had already met the team in the hospital, and they were so kind and professional. They truly cared about their work and about helping me.”

As a participant, she was assessed by the research team on her ability to perform everyday

movements with her affected arm, such as grasping a cup, bringing it to her lips, and setting it down with intention, and reaching to the side for an object. These tasks helped researchers track her progress in recovery.

“It gave me a better sense of how far I’d come,” she said. “And it felt good to be part of something that could help others, too.”

She believes research at MRC is essential. “It’s how people like me keep moving forward,” she said. “And it gives hope to everyone working toward recovery.”



well as testing the efficacy of delivering medicine to the spinal cord and developing a new way to detect problems with such delivery, an improvement that is now a routine part of clinical care at MRC.

In our motion analysis lab, we use high-tech cameras and sensors to accurately evaluate how brain and spinal cord injuries impact movements, and how well therapies, assistive devices, and prostheses help people walk better and regain independence. Our results are used for developing personalized treatments and improving outcomes of individuals recovering from neurological injury. Our neurorobotics research focuses on understanding innovative therapy devices and identifying the most effective ways to put them into clinical practice. The robotics lab is now seamlessly integrated into therapy, and our findings have been published in scientific journals.

Currently, in collaboration with Matthias Krenn, Ph.D., from the Department of Neurosurgery at the University of Mississippi Medical Center (UMMC), our researchers are investigating the potential of spinal cord stimulation to reduce muscle spasms and enhance recovery after spinal cord injury. This promising line of research aims to advance treatment options for individuals living with paralysis.

Institutional Partnerships

In recognition of our contribution and commitment to education and research, MRC researchers were granted academic appointments in the UMMC's Department



of Neurosurgery. MRC researchers actively participate in teaching and mentoring within UMMC's Program in Neuroscience and contribute to the growth of UMMC's Division of Rehabilitation Medicine through collaborative educational and research efforts. MRC also offers student internship opportunities to undergraduates from the University of Mississippi, Mississippi State University, Jackson State University, Belhaven University, and the University of Southern Mississippi.

Editorial and Peer Review Contributions

Dr. Stokic, Vice President of Research & Innovation, serves as editor-in-chief of the *International Journal of Rehabilitation Research*. In addition, MRC researchers regularly contribute as peer reviewers for scientific journals and serve on grant review panels for both national and international funding agencies.

Our research team is routinely consulted by our doctors and therapists when faced with diagnostic challenges or decisions about the most appropriate treatment. This close collaboration ensures that clinical care is informed by the latest evidence and innovations in rehabilitation science. CNRR is grateful that philanthropic gifts to the Wilson Research Foundation cover research expenses that exceed external grants secured by the investigators from public or private sources.



A Foundation for the Future

The mid 1980s were busy years for Methodist Rehabilitation Center (MRC). Four additional floors and an atrium mall were added to the original three-story building. New clinical programs and outreach services were launched. Plans for sustaining and growing MRC as a center of excellence were developed. Such forecasting highlighted the need for a foundation to support the vital mission of MRC.

In 1989, the Wilson Research Foundation, a 501(c)3 public charity, was established with a seed gift by MRC trustee H. F. "Mac" McCarty Jr. and his wife, Mary Ann. Because of their longtime friendship with Earl and Martha Wilson, the McCartys insisted the Foundation be named to honor this friendship.

Mac, Earl, and Martha were students together at Ole Miss in the 1940s. Both men cared deeply about their home state and about giving back to their community, so it was no surprise when the McCartys and the Wilsons joined hands—and hearts—to advance rehabilitation services across the state of Mississippi and provide better care for people with disabling injuries.

Isabelle White, longtime marketing director of MRC, added to her responsibilities by serving as the Foundation's first executive director, a position she held through 1995. Bettye Sullivan served as director from 1996–2007, and Chris Blount has served in the role since 2008.

"During my first week, I was waiting for the elevator alongside a patient," said Blount. "I asked him how he was doing, and he looked me in the eye and said, 'When I got here, I couldn't even feed myself. Thanks to this place, I can—and I'm grateful.' That brief exchange was the first of many powerful reminders that MRC is far more than a hospital. It's a place where lives are rebuilt, where dignity is restored, and where hope is

renewed. I'll never forget that first encounter, how he personified the heart of the mission. That this is a healing ministry. I've carried that lesson with me, knowing that every dollar we raise through the Wilson Research Foundation helps make stories like his possible."

The Foundation's first board chair was Ed Wall, who served for nine years, followed by Jim Malloy, who held the position for seven years. In 2005, Marsha McCarty Wells, daughter of Mac and Mary Ann McCarty, was within weeks of being named board chair when she passed away. Ginny Mounger, a daughter of Earl and Martha Wilson, stepped in to lead the Foundation board, a position she held for 20 years until her death in

2024. Dr. Marion Wofford, whose father, Dr. Jesse Wofford, was one of MRC's founders, now holds the position of board chair.

From the beginning, the Foundation's focus has been research and innovation to advance the practice of medical

rehabilitation and to improve recovery outcomes for patients. The need had long been obvious, given Mississippi's high rate of disabling injuries and illnesses per capita. But the idea of a foundation focusing on research was ambitious, given that public and industry grant support for rehabilitation research is negligible compared to other areas of medicine. It was evident early on that philanthropic support would be critical to the success of the Wilson Research Foundation and MRC. Today, while continuing its commitment to support MRC research first and foremost, the Foundation is expanding to address a broader range of needs, such as new therapy technology, professional education for the clinical staff, chaplaincy, and other initiatives as appropriate.

In the early years, money was raised through a variety of fundraisers that included fashion shows, discovery luncheons, art auctions, bake

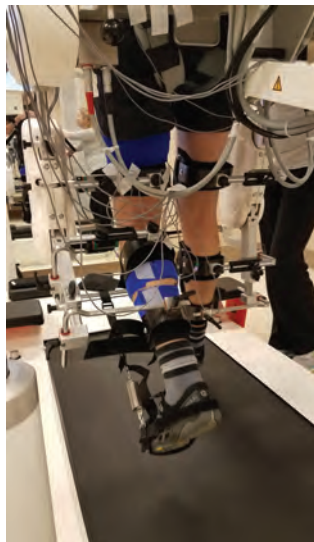
TO DATE, THE WILSON RESEARCH FOUNDATION HAS AWARDED MORE THAN 14 MILLION DOLLARS FOR RESEARCH AND INNOVATION NEEDS AT METHODIST REHABILITATION CENTER.

sales, and gift shop proceeds (made possible through volunteer staffing of the former MRC gift shop). Major gifts and legacy gifts soon followed, and every year since 2010, hundreds have gathered in the spring for the Walk & Roll for Research, held on the grounds of MRC’s East Campus in Flowood. The Walk & Roll invites patients past and present, MRC staff and volunteers, and community members to participate. Through these events, more than \$1.1 million has been raised for the Foundation.

Initially, grants from the Foundation were made to the University of Mississippi Medical Center for research activities relevant to the MRC patient population. From 1998 forward, with the establishment of MRC’s own research program, grants have been awarded solely to MRC for research and innovation needs. Thanks to our generous and faithful contributors, the Foundation has distributed more than \$14 million in grants over the years.

“Support from the Wilson Research Foundation enables us to arrive at more accurate diagnoses, explore promising new therapies, and evaluate long-standing clinical practices,” said Dr. Stokic, Vice President for Research and Innovation at MRC.

“Unlike most research programs that depend on unpredictable external funding, our philanthropic foundation provides a stable source of support. This allows us to attract and retain top research talent and, most importantly, to translate discoveries into meaningful improvements in patient care. With more than 340 published manuscripts to date, our impact extends well beyond Mississippi.”



“Research gives people better lives.”

—GLEN BOND, RESEARCH PARTICIPANT

After a car accident on black ice left him with a spinal cord injury, Glen Bond faced a long road to recovery. “I spent six months in a halo and had to rebuild my life from there.”

Thanks to advances in rehabilitation and assistive technology—many made possible through MRC’s research—he did just that.

That’s why he decided to take part in the Methodist Rehabilitation Center’s research study on non-invasive spinal cord stimulation, which is exploring ways to reduce leg spasms. By participating, he hopes to contribute to advances in treatment that could help others with similar conditions. “During my rehab years ago, others

had already paved the way through research. So, when the opportunity presented itself for me to do the same, I wanted to,” he said.

He calls his experience as a research participant “outstanding,” crediting “really talented people gathering good data to move things forward” while making him feel valued and cared for every step of the way.

“Spinal cord injuries and diseases don’t just go away. Until we can 3D print a spinal cord or something, we need ways to mitigate the effects. Research makes that possible and gives people better lives.”



Center for Neuroscience and Neurological Recovery Team from left to right: John Chow, Ph.D.; Jennifer Sivak, OTR/L; Deandra Andrade, BA; Matthias Krenn, Ph.D.; Arturo Leis, M.D.; Dobrivoje Stokic, M.D., D.Sc.; Antonio Hayes, R.EPT., R.NCST.; Bonnie Perry, M.S.B.E.; Bangxun Tang, MS BME

“Working alongside so many dedicated individuals has been a privilege, and I am proud to be part of the organization where discovery, learning, and teamwork thrive. Methodist Rehab has provided outstanding opportunities for professional development and growth—something I truly value and am glad to see passed on to future generations.

AS WE CELEBRATE THIS 50-YEAR MILESTONE, WE LOOK AHEAD WITH OPTIMISM, CONFIDENT THAT THE FUTURE REMAINS BRIGHT.

—DR. DOBRIVOJE (BOBA) STOKIC, VICE PRESIDENT OF RESEARCH AND INNOVATION

New Robotic Milling System: Your Contributions at Work

Thanks to a significant gift to the Wilson Research Foundation, MRC now has a state-of-the-art robotic milling system for a variety of orthotic and prosthetic needs. The Ortis Pro Robot is a seven-axis carving system at the Flowood headquarters of Methodist Orthotics and Prosthetics Division. As part of our technology investment, our 10 clinics across Mississippi and in Monroe, La., now have 3D digital scanners and software to capture, modify, and send images to Flowood for fabrication. The scanners capture the shape of the body segment while the computer aided design software allows our staff to further modify and perfect the scanned design to achieve the desired biomechanical outcome.

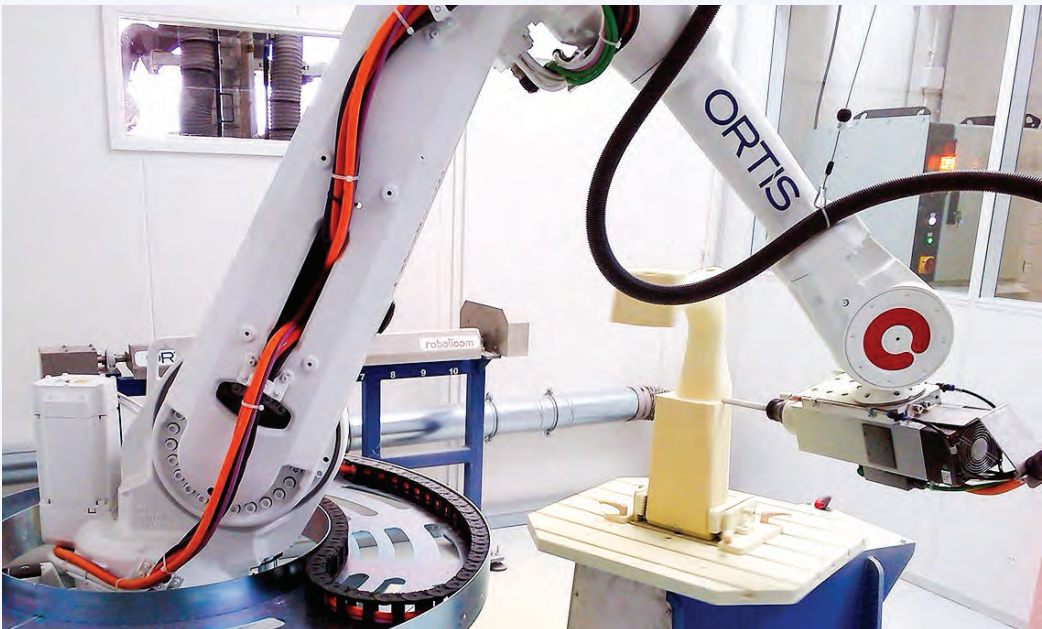
The purpose of the carver is to produce models for prosthetic sockets (the part of the prosthesis that fits over the remaining limb segment) for limb-loss patients. This is arguably the most important part of the prosthesis because it must fit precisely over the remaining portion of the patient's limb to support their weight and movement. The carver can also produce highly accurate 3D models for:

- Ankle-Foot Orthoses and Knee-Ankle-Foot Orthoses (commonly used for stroke, spinal cord, and brain injury survivors, and for

- children diagnosed with CP, spina bifida, etc.)
- Spinal braces (fracture stabilization, scoliosis, etc.)
- Other orthopedic bracing used to facilitate mobility or enhance function for individuals with musculoskeletal challenges.

MRC has previously relied on manual fabrication, plaster casting, carving, and sanding. The new Ortis Pro Robot produces models for prosthetic sockets and musculoskeletal bracing at least 60 percent faster compared to traditional casting and molding methods. Such a vital acquisition would not have been possible without the support of the Wilson Research Foundation.

“We are so excited to add this innovative fabrication technology to our current capabilities,” said Orthotics and Prosthetics Division Director Chris Wallace, MHS, CPO, FAAOP. “The addition of the Einstar 3D digital scanners and Ortis Pro Robot will continue Methodist Rehab’s commitment to cutting edge processes in rehabilitation. This commitment ensures the patients we serve have access to the highest levels of care for their rehabilitation needs. I want to personally thank Chris Blount and the Wilson Research Foundation, along with our CEO David McMillin, who were instrumental in supporting this effort.”



“In my early engagement with Earl Wilson and then the Board, I had my eyes and ears tuned into the traditional fiscal board responsibilities such as revenues, expenses, capital utilization, etc. It didn’t take long for my heart to engage and realize the really important assets to pay attention to were the dedicated caregivers. God created some incredible human beings, skilled in their various roles. During my time I’ve witnessed, with great fascination, the caregivers who get up every day with enthusiasm, courage, and a genuine desire to help make a patient’s life a little better, no matter how devastated the patient’s condition may be.”

—Matt Holleman, MRC Board of Trustees Member since 1999



Wilson Research Foundation Board of Governors

From left, Chris Blount, Dr. Robert Smith, Amy Lyles Wilson, Matt Holleman, Tish Hughes, Gene Delcomyn, Dr. Marion Wofford, Cy Rosenblatt, Sam Lane, Kelley Walton Fenelon, Lyn McMillin, Katy Houston, David McMillin, Rita Sun, Dr. Boba Stokic, Dave Robinson, and Greg Moore. (Not shown, Mary Helen McCarty Griffis.)

The Wilson Research Foundation is led by a Board of Governors appointed by the MRC Trustees.

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—Ann Wilson Holifield

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Anonymous in memory of Judy Lyle
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Valentine’s Day Bake Sale



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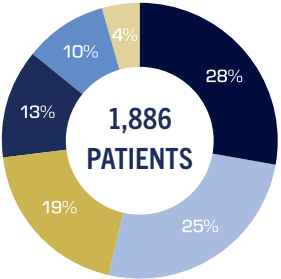


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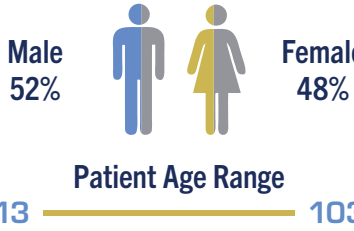


OUTCOME MEASURES

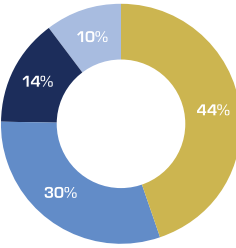
METHODIST REHABILITATION CENTER INPATIENT REHABILITATION OUTCOME MEASURES
FISCAL YEAR 2025



Stroke	526
Orthopedics	486
General	366
Brain Injury	241
Spinal Cord Injury	186
Neurological	81



		STROKE	AMPUTATION	BRAIN INJURY	SPINAL CORD INJURY
AVERAGE AGE	63	63.52	60.08	58.91	58.83
AVERAGE SELF-CARE CHANGE	10.49	10.63	9.76	9.79	9.91
AVERAGE MOBILITY CHANGE	14.27	12.94	13.92	13.07	14.67
AVERAGE THERAPY HOURS PER DAY	3.24	3.31	3.18	3.21	3.26
MALE	987	297 or 56%	66 or 67%	148 or 61%	122 or 66%
FEMALE	899	229 or 44%	32 or 33%	93 or 39%	34 or 34%



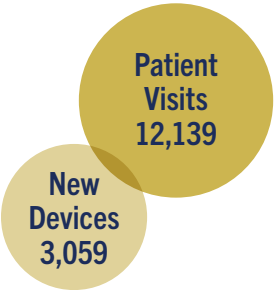
Destination After Discharge	Stroke	Amputation	Brain Injury	Spinal Cord Injury	
Home	825	286 or 54%	34 or 35%	123 or 51%	93 or 50%
Home + Home Health	571	132 or 25%	42 or 43%	57 or 24%	47 or 25%
Skilled Nursing Facility	265	66 or 13%	14 or 14%	37 or 15%	30 or 16%
Acute Care Hospital	178	38 or 7%	8 or 8%	20 or 8%	15 or 8%

Overall Satisfaction

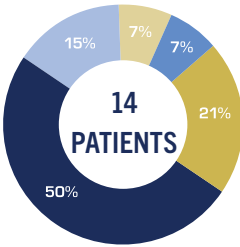
Excellent	78%
Very Good	15.6%
Good	6.10%
Fair	0.30%
Poor	0%

Stroke	Amputation	Brain Injury	Spinal Cord Injury
74%	80%	82%	75%
19%	17%	12%	19%
7%	3%	6%	6%
0%	0%	0%	0%
0%	0%	0%	0%

METHODIST
ORTHOTICS &
PROSTHETICS
FISCAL YEAR 2025



METHODIST
OUTPATIENT
REHABILITATION
FISCAL YEAR 2025



Adolescents Only	
Stroke	1
Ortho	3
Brain Injury	7
Spinal Cord Injury	2
Neurological	1



METHODIST
REHABILITATION CENTER



1350 EAST WOODROW WILSON
JACKSON, MS 39216

OUR MISSION

IN RESPONSE TO THE LOVE OF GOD, METHODIST REHABILITATION CENTER IS DEDICATED TO THE RESTORATION AND ENHANCEMENT OF THE LIVES OF THOSE WE SERVE. WE ARE COMMITTED TO EXCELLENCE AND LEADERSHIP IN THE DELIVERY OF COMPREHENSIVE REHABILITATION SERVICES.